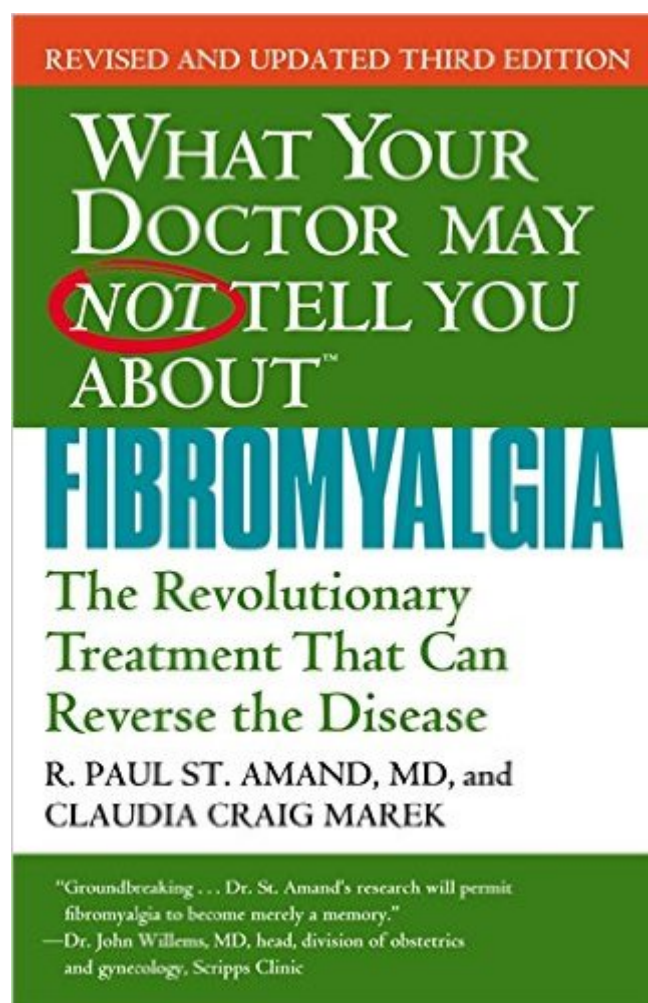


The book was found

What Your Doctor May Not Tell You About Fibromyalgia: The Revolutionary Treatment That Can Reverse The Disease



Synopsis

Over a decade ago, Dr. R. Paul St. Amand, an experienced endocrinologist and UCLA assistant clinical professor, published his protocol for reversing fibromyalgia based on nearly half a century of research. This book offers Dr. St. Amand's latest research on guaifenesin, an inexpensive, safe, an increasingly available medication that can help reverse the disease. The authors have seen symptoms eliminated and normal quality of life restored in an astonishing 90 percent of patients they treated with guaifenesin. Updated and revised with more patient anecdotes and a deeper understanding of symptoms, treatments, and results, readers will find: --more information about the current treatment of fibromyalgia and what causes it--new results from Dr. St. Amand's studies about the efficacy of guaifenesin treatment--changes in disease protocol--discussion of pharmaceuticals in treatment--and much more

Book Information

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Customer Reviews

May I respectfully submit that the other reviewer that calls Dr. St. Amand a quack and claims that studies have proven that it doesn't work, does not know of what she speaks. Download the sample and read the preface. It explains why initial studies failed and how the treatment has been refined and DOES WORK. I know of what I speak, because this book changed my life for the better... much much better! About 10 years or so ago I was finally diagnosed with Chronic Fatigue Syndrome/Fibromyalgia after many years of trying to figure out why I always felt like I had the flu (achy and sore throat) and why I was so chronically tired, not just tired, exhausted. Finally getting

a diagnoses made me feel a little better (no, it wasn't all in my head and I wasn't just lazy), but treatments offered helped minimally. After several years, I felt like I had it under control. I had gotten to know two women fairly well on a home school forum. Both of these women also suffered from fibromyalgia. One of them had been to the point of having to use a wheelchair when she went to the store. Both were now doing really well and following Dr. St. Amand's treatment, one of them is actually a patient of Dr. Amand. Both highly recommended this to me, but I thought I was managing it okay. Then I had a huge crash and felt horrible for most of the month of August. To make a long story short, I was desperate, asked about their treatment and got the book. I printed out the copy of the study report and "letter to your doctor", from the website and took them to my doctor and told her I wanted to try it. She supported me in it, though she was sceptical at first. That was five years ago.

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